Mummy's helper... Antonia-Rae and her mother Lesley

## Meet the children caring for a seriously ill parent

here are currently 700,000 young people caring for a loved one in the UK. Many are just like 11-year-old Antonia-Rae from Greater Manchester, who looks after her single mum Lesley after she suffered a stroke and was left paralysed down the right side of her body.

& MI

JUST M

'I have to do the housework and make sure she takes her tablets,' says Antonia-Rae. 'Sometimes I have to help wash her, which is quite strange.'

## **Health hopes**

Young brothers Tom, 10, and Joe, 14, from Stockport, are also looking after a sick parent at their home. Their mum Vicky has a rare liver condition, and she has deteriorated over the last two years. Without a liver transplant, she has only months to live. As their dad works long hours, the boys are her main carers.

'Since I was born, Mum's been poorly so I've not known any different,' says Tom, who features with his

## LOOKING AFTER MUM Wednesday, 10.35pm (Scot, 11.35pm) BBC1 Factual

brother in an emotional one-off documentary for *Children in Need*. After suffering an infection, Vicky is put to the top of the transplant list. Fortunately, a donor is found and the op is a success. This means Vicky's health will improve dramatically so Tom and Joe can start to enjoy a normal childhood. 'I'm looking forward to the future,' says Tom. 'It's really exciting!'

