

**PICK
OF THE
DAY**

Dispatches: City Of Fear

Channel 4, 8pm



'People in the West have absolutely no idea what terrorism is.' After watching this documentary, filmed over the course of a year in Islamabad, it is difficult to disagree. The speaker is Tahir Malik, a retired major whose wife, Gulrukh, died in a terrorist attack on the Pakistani city's World Food Programme office.

Suicide bombings come relentlessly, and without any heed for the targets – student Amber (above right) recounts how she suffered serious injuries and saw her best friend Aqsa (above left), aged 17, killed in an attack on their university's canteen. You may wonder whether police interrogations of terror suspects are conducted quite as calmly when cameras are not there, but this is an intelligently made yet shocking report from a city increasingly steeped in the blood of the innocent. ★★★★★