

PICKS OF THE DAY



Documentary: Growing Up Jewish, BBC1, 10.40pm

Cameras follow Talia, Eve (left), Dylan and Ayala, four Jewish youngsters on the cusp of adulthood, as they prepare for one of the most significant days of their lives – their coming-of-age Bar and Bat Mitzvah observances. With intimate access to their private celebrations, this fascinating documentary explores the religious and cultural significance of this rite of passage for each of the young people, and what being Jewish means to their up-and-coming generation. It also looks at the differences in traditions and celebrations between the four youngsters' different branches of Judaism, including Orthodox, Reform, Sephardi and Ashkenazi.