



'SAD' John's story

Plight of elderly exposed in film

A documentary will expose the struggle of forgotten pensioners, as data reveals 2.1million live in poverty.

Channel 4's Dispatches also found that 45 people died every day last winter due to living in cold homes.

Three in five over-65s have their heating on less than usual, with 15 per cent turning it off completely.

Retired shipyard worker John, 76, tells filmmakers he never turns on his heating or lights and lays out his will each night in case he dies. He said: "I'm sad all the time. I'm here, just existing."

Ex-Army man Harry, 83, and wife Christine, 81, can only afford to eat twice a day and don't put the heating on. He said: "There's nothing to look forward to."

● Pensioners: *Dispatches*, C4, 10pm, Wednesday