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The Missing Children 10.20pm, ITV

This moving documentary isn't always easy to watch due to its distressing subject matter. Between 1925 and 1961, it's estimated around 800 children died at the Bon Secours Mother and Baby Home in Tuam, Co Galway. Here, testimonies from survivors, adoptees and the women who uncovered the truth are used to chart what went on, before focusing on the shockwaves still being felt today.