



Another wonderful film from the True Vision stable, this time following and – more importantly – listening to three elderly people over the course of an hour. These aren't ruddy-cheeked Middle Englanders with ample money and attentive families, though. Doris and Francis can't afford to put the heating on in the winter and all three struggle with isolation. They all seem remarkably devoid of self-pity; even Francis, who hasn't had a bath in 12 years and is more or less ignored by his daughter in Australia. The star of the show is Doris, a funny, stoical and occasionally poetic 84-year-old who has already 'escaped' from a care home once and doesn't intend to return any time soon. In places, it's melancholy going on heartbreaking: Kitty confesses to 'getting so lonely I could cry'. Generally, it's clear by implication that most of us struggle to live with our failures and disappointments as we get older ('Life should be a rehearsal the first time around,' muses Francis). But all three of them hang on to something – in any stage of life, hope is where you find it.

Phil Harrison