



Stacey Dooley: Ready For War? **9pm, BBC Three**

Even being eight months pregnant didn't stop Stacey Dooley as she joined up with Ukrainian civilians being trained by the British Army to defend their country.

She meets an unlikely group of soldiers including a florist and a jeweller. And it's a sobering watch, as Stacey explains, "It's literally like your own boyfriend or brother being asked to step up and fight the Russian army on the frontline. It's an unimaginable task."